

WACCAMAW HIGH SCHOOL

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Website Address www.whs.gcsd.k12.sc.us

Volume 6, Issue 21

March 14th—21st **School Events**

March 14

English Language Development Assessment (held in the WASA room)

Varsity Baseball travels to Columbia to watch USC game and to play @ Batesburg - Lee (14th-15th)

March 15

8am Boys Golf Panther Invitational @ Hackler Course

Track and Field Outback Invitational @ Summerville High

March 17 St. Patrick's Day



5pm Track and Field—County Quad (Home)

5:30/7pm JV Girls/Boys Soccer @ Georgetown

March 18

4:30pm Boys Tennis vs Marion (Home)

5pm B-Team Baseball @ Andrews (DH)

5:30pm Varsity Boys Lacrosse vs Porter Gaud (Home)

6/7:15pm JV Girls/Boys Soccer vs Aynor (Home)

6/7:30pm Varsity Girls/Boys Soccer @ Aynor 6:30pm Varsity Softball vs Marion (Home)

6:30pm Varsity Baseball vs Marion (Home)

March 19

1:10pm Junior/Senior Assembly

Boys Golf vs Aynor @ Burning Ridge

5:30pm JV Softball vs Georgetown (DH)

6pm Varsity Girls Soccer vs Myrtle Beach (Home)

6pm JV Baseball @ St. James

March 20 First Day of Spring



4:30pm Boys Tennis @ Bishop England

4:30pm Track and Field @ Johnsonville High

5/7pm JV and Varsity Boys Lacrosse vs Carolina Forest (Home)

5:30/7pm JV Girls/Boys Soccer vs Carolina Forest (Home)

6pm Varsity Baseball @ Mullins

6:30pm WHS Talent Show in auditorium (see ad on pg. 2)

6:30pm Varsity Softball @ Mullins

March 21

Make-up Snow Day for Students and Staff FCA BBQ Sale

4:30pm Boys Tennis @ Mullins

5:30pm Girls Lacrosse vs West Ashley (Home)

6/7:30pm V Girls/Boys Soccer vs Marion (Home)

March 14, 2014 Student Council of the Year



Picture courtesy of Hans Stoetzer

Last weekend, March 7-9th, Student Council along with their advisor, Mrs. Humowitz, attended the South Carolina Association of Student Councils' State Convention (SCASC) held at Colleton County High School in Walterboro, S.C. The state convention included: speakers, workshops, campaigning, and elections. On Saturday night, a banquet was held followed by an awards presentation. WHS Student Council had a very successful weekend at the convention winning in Digital Scrapbook, Best Community Service Project, Best School Pride Project, and were named 1A-2A Council of the Year for the 10th year in a row. Congratulations also to the following students for their election wins: Sarah Ellerbe for District 2 Vice Chair, Lindsay Jessmore for District 2 Chair and Banks Lucas for State Recording Secretary. You rock, Student Council!

New and Improved Georgetown County PACE Program Student and Parent Informational Meetings

- Today, March 14th, an assembly was held for 10th and 11th araders to discuss and hand out information on the new and improved PACE program.
- On Monday, March 24th, at 6:00pm the District will hold a parent meeting at J.B. Beck Administration Center in Georgetown to discuss the PACE program.
- On Thursday, March 27th, at 5:30pm Waccamaw will hold a parent meeting in the WHS auditorium to discuss the PACE program for those unable to attend on March 24th.

CONCERT FESTIVAL PREVIEW

By Hannah Wolf, Pictures by Matt Lee

On Tuesday night, at 6:30pm, the WHS concert band held a formal rehearsal for the Concert Festival on March 20th. For the festival, band directors must choose three songs from a list given to them prior to the concert. Director Nancy Randall introduced the band before the concert began and conducted the band while they played their three selected Concert Festival pieces. The band's chosen festival pieces are: "By Loch and Mountain" with a solo by Mary Sinclair-Filchak, "Maelstrom" with a solo by Baylee Sessions, and "Fantasy on a Japanese Folk Song." After they played their Concert Festival pieces, they played a piece from "Shrek" just for fun. Congratulations on a successful rehearsal concert, and good luck next Thursday









Parent/Student Meeting for Marching Band Orlando Trip

When:

||March 25, 2014 @ 6:30PM||

Where:

||WHS Auditorium||

The meeting is for students and parents to get information for the upcoming trip to Universal Orlando.

YOUR INVITATION TO "WACCAMAW'S GOT TALENT"

Students, teachers, and community are invited to the Waccamaw Talent Show. We have a great line-up for the evening with singing, instrumentals, a band that you might have seen playing right here in the Pawleys Island area, technology originals, and more. The evening will be lit up with our guest emcee, Mr. Kevin Jayroe of Georgetown. Tickets went on sale this week and we want to fill the auditorium. If you have not purchased your tickets, see any choral student or you may purchase tickets at The Joggling Board located on Ocean Hwy or the Island Art Gallery in the Village Shops.

Tickets are \$5.00 and will support the Choral Program of WHS. COME SEE STUDENTS, TEACHERS AND PARENTS RIGHT HERE ON THE STAGE AT WHS. These performers will bring the talents of Waccamaw to the spotlight. "Waccamaw's Got Talent?" ABSOLUTELY!!





Congratulations!

Waccamaw High
Support Staff of the Year
2014 - 2015
Ms. Josann Welch
Paraprofessional



BLOOD DRIVE Waccamaw High School On Wednesday, March 12th, Student Council held its annual Spring Blood Drive from 9am to 4pm in the gym lobby. A total of 37 units were donated.

> Thanks to everyone who gave the "Gift of Life."



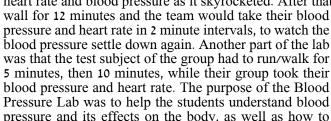
GET THE BLOOD FLOWING

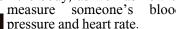


By Matt Lee

In Ms. Stephenson's anatomy classes, students have been learning about blood pressure and heart rate. The classes learned how to use a stethoscope and a sphygmomanometer to take each other's blood pressure. First, the students broke into groups of three and one member of the group laid on the floor for 10 minutes without talking, to let their body relax, and lower their blood

pressure. Then the team took the blood pressure of their test subject. The next part of the lab was for the test subject to jump up on their feet as fast as possible, so the team could measure their heart rate and blood pressure as it skyrocketed. After that, the test subject would stand against the











STUDENTS ATTEND
YOUTH LEADERSHIP ACADEMY

Article and pictures by Mrs. Tucker, Guidance Counselor Atkins picture courtesy of Ms. Donna Britton

Fourteen WHS students participated in the Youth Leadership Academy on March 10th, 2014 hosted by the Myrtle Beach Area Chamber of Commerce. The students included: David Gleaton, Christopher Kaylor, Benjamin Epstein, Kaileigh Collins, Ally Howell, Jordan Brown, Gael Tan, (all pictured at left) and Kevin Gasque, Darius Haynes, Berkley Lane, Aliya Othman, Kadijah Smalls, Imani Atkins and Destiny Taylor.

The students were dispersed into various groups with other students from different schools in South Carolina. They were able to meet new people and make lasting friend-

ships. In their welcome session they heard from the president of CCU, David DeCenzo and the President and CEO of the Myrtle Beach Chamber of Commerce, Brad Dean. They also heard an inspiring speech from the CCU football recruiting coordinator, Cory Bailey. At the

end of the opening session the YLA scholarship was awarded to our very own Imani Atkins. Imani gave a great welcome speech as well. The students then participated in breakout sessions in which they discussed

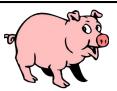
leadership, cyberbullying, and social media. They participated in a high-energy cookout-style lunch with music and fun. The event wrapped-up with a performance by the Hip-Hop Clogging stars of the Carolina Opry. It was an enjoyable experience for the students.



PROM INFORMATION

- The Prom Committee will be meeting every Monday until Prom. If you cannot come on that day, let Mrs. Tester know when you would be available.
- ♦ There will be a meeting for Juniors and Seniors on Wednesday, March 19th at 1:10 to go over rules for Prom and for Seniors to nominate for the Prom Court. If you want a vote or plan to go to Prom, plan to be at that meeting!
- ♦ The Prom Assembly will be Tuesday, April 8th during 4th period.
- Prom tickets will be sold Wednesday, March 26th Friday, April 4th during both lunches. Senior tickets \$15, Junior tickets \$30 All others are \$35.
- ♦ The week before Prom tickets will only be available through Mrs. Tester or Mrs. Griffin and will go up to \$45.

Prom is April 12th!



BBQ Lunch Fundraiser

Sponsored by FCA

When: Friday, March 21st

Cost: \$7 and must be purchased in advance

Lunch includes: 2 BBQ sandwiches, chips and a brownie

Contact any FCA student to purchase a ticket.

THANK YOU IN ADVANCE FOR YOUR SUPPORT.



bridal · prom · tuxedo



Mention this ad to receive:

Ladies: Receive 20% off prom jewelry when you purchase your dress.

Guys: Receive \$40 off your tuxedo rental

Cannot be combined with any other offers

"Everything you need for Prom and Pageant all under one roof!"

Newsletter Staff

Hannah Wolf and Matt Lee, Editors-in-Chief

Karina Kostova Lyric Wigfal Carter Fox Zach Trzop Jordan McNair Adam Reichert Dennis Amuser Sarah Ball Jamie McNair Jed Parreno Alani Scott Emma Karst Matthew Trowbridge



Waccamaw Hosts 8th Annual Coastal Invitational

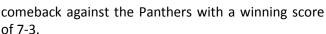
Article by Emma Karst and Carter Fox, Pictures by Karst

The boys' varsity baseball team had an exciting weekend March 7-9th hosting the Coastal Invitational. The tournament, recognized as one of three high level tournaments by the SC Baseball Coaches Association, was established to harness the best baseball talent in the state. Teams participating ranged from 1A-4A

schools, hand-selected each year based on potential for their up-coming season. Those in attendance this year were: South Florence, Cheraw, Broome, North Myrtle Beach, Pelion, St. James, and Greenwood.

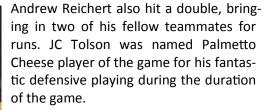


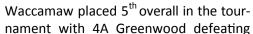
On Friday night, the boys played their first game against 4A South Florence but were unable to secure a win with a close score of 4-3. Levi Almond went 1 for 3 with two RBIs and JC Tolson went 1 for 2 with an RBI. Tucker Perry was the leading pitcher until the 7th inning when Justin Busby took the mound. Playing two games on Saturday, the boys went up against North Myrtle Beach and Pelion. The Chiefs shut out Waccamaw with a final score of 1-0 but the Warriors made a





With sunny weather and a promising outlook, the boys took the field on Sunday to play one of their last games, against Broome. The game would determine their final placement in the tournament. It was an exciting game, leaving the Warriors on top with a score of 5-4. Scott Hiler, making his mark on the game, hit a double and three RBIs. Alongside Scott,







North Myrtle Beach for the CIT Championship. Speaking about the Warriors performance Coach Gregory said, "These boys are at a point where they are good enough to go up against most any other team, they just have to keep up their drive to win to help make this a great season."











Sports Action



BOYS VARSITY SOCCER TEAM SEMI-FINALISTS IN THE MICHAEL B. NASH TOURNAMENT

This past weekend, March 7-9th, the boys' varsity soccer team participated in the Michael B. Nash tournament held at North Myrtle Beach High School. Waccamaw defeated Georgetown (8-0) on Friday night and Airport (1-0) and North Myrtle Beach (4-1) on Saturday to advance to the semi-finals. At Sunday's game, Waccamaw was defeated by Socastee 3-1. Great showing Warriors!

GIRLS VARSITY SOCCER TEAM PARTICIPATES IN VIKING CUP TOURNAMENT



This past weekend, March 8-9th, the girls' varsity soccer team played in the Viking Cup held in Spring Valley. The team played two games on Saturday and one game on Sunday. Unfortunately, Waccamaw lost in all games. The final scores were: A.C. Flora High School (1-0), Dorman High School (3-1), and Clover High School (3-2).



A 4-WAY MATCH TO START THE SEASON FOR BOYS' GOLF

On Monday, March 10th, Bishop England hosted a 4-way nine hole match at their home course, Daniel Island Club. Other participants included James Island and Cane Bay. Bishop England took the win by five strokes with aN overall score of 149. Waccamaw took second with 154, followed by James Island with 181, and Cane Bay with 194. Match medalist was Jamie Wilson from Bishop England with a 35 (one under par). Leading the Warriors were Patrick Golden with 37, Will Canipe with 38, Adam Wooldridge with 39, and Michael England and Davis Hogan both with 40. The team stands at 2-1 for the season.

The team played in the Claude Kirkland Tournament Wednesday and Thursday, but results were not available at press time.

Coca Gold LowCountry Invitational



Picture courtesy of Track and Field Facebook Page By Adam Reichert

On Saturday, March 8th, the Waccamaw Track and Field team participated in the Coca-Cola Lowcountry Invitational. The Waccamaw girls came in second overall, while the boys finished seventh. Other teams that participated were: Ashley Ridge, Battery Creek, Bishop England, Carvers Bay, Colleton County, Hanahan, Military Magnet Academy, Ridgeland-Hardeeville, Wade Hampton, and Woodland.

In Individual events, top five finishers for WHS were:

| GIRLS | EVENT | PLACED |
|-------------------|---|------------|
| 400 Meter Dash | Brianna Brooks | 3rd |
| 1600 Meter Run | Amelia Jones Mckenzie Amold | 2nd 5th |
| 3200 Meter Run | Amelia Jones | 1st |
| 100 Meter Hurdles | Emily Blaylock | 4th |
| 400 Meter Hurdles | Briley Arnold Decyln Drejza | 2nd 4th |
| 4x400 Meter Relay | Team of Briley Arnold, Tyashia Edwards, Brianna Brooks, and Alexis Grove | 4th |
| 4x800 Meter Relay | Team of Briley Arnold, Mary Butler Despain, Mackenzie Arnold, and Amelia Jones | 3rd |
| Long Jump | Emily Blaylock Raven Brooks | 3rd 5th |
| Shot Put | Leanne Thompson | 3rd |

| BOYS | EVENT | PLACED |
|----------------|--|-------------------|
| 200 Meter Dash | JJ Sherman | 5th |
| 400 Meter Run | JJ Sherman | 1st |
| 1600 Meter Run | Robert Jones Grant Smith Adam Paquette | 1st 4th 5th |
| 3200 Meter Run | Grant Smith | 4th |
| Long Jump | JJ Sherman | 1st |

Sports Action



Varsity Softball Wins Season Opener

By Jordan McNair

The Lady Warrior Softball team played a great game against the Georgetown Bulldogs Monday night, March 10th. The team achieved a grand 7-4 win with McKenzie Lugin as the winning pitcher. Lugin had also added three hits and four RBIs. Emily Heimberger, Olivia Dunlap, and Isabel Sanchez had great hits in the game as well. In the field, Emily Heimberger, Hallie Butler, and Caitlyn Krask all played their defensive positions exceptionally. Congratulations to the Lady Warriors Varsity Softball team on their first win of the regular season.

JV Softball Loses Season Opener by One Run



Article by Coach Noll

The JV Lady Warrior softball team suffered a tough loss in the 7th inning against Loris Monday night, March 10th. It was an exciting game, and both teams played great, fighting until the end. Key contributors were Jordan McNair who was 4 for 4 with two singles, a double, a triple, and scored three runs in the 8-7 loss. Mariah Butler had two key sacrifice bunts, a double, and scored two runs. Kinley Cooper and Casey Pelesara were both 2 for 4 with one single and one double. Great job girls!

Come out and support the JV girls at home next Wednesday, March 19th, as they take on Georgetown in a double header.

JV Baseball Starts Season with a Win

Waccamaw 8 Loris 0
Article by Coach Vick

The Warriors traveled to Loris Monday night, March 10th, for their first regular season contest of the year. Christian Hendrickson took the mound and impressed, throwing 5 shutout innings while recording 10 strikeouts and only allowing one hit. Hendrickson was relieved by freshman Josh Monroe who made his JV debut; the lefty worked two scoreless innings and struck out 5 to pick up his first save of the season. The Warriors put together a 14 hit attack that saw every starter record at least one hit. Forrest Powell, Hampton Roberts, McKinley Grooms and Alex Altman all contributed multiple hits with Grooms, Altman and Tripp Perrow all having two RBI's apiece.

Waccamaw 8 Socastee 4

On Wednesday, March 12th, JV hosted the game against Socastee. Forrest Powell was the winning pitcher throwing five shutout innings before being relieved in the sixth by pitcher Dillon Leatherwood. The Braves picked up runs in the sixth and seventh, but not enough to take the win. Dominators of the Braves defense were: Jake Atkins, Daniel Rourk, Tripp Perrow, McKinley Grooms, and Hampton Roberts.



March Madness 3-on-3 Youth Basketball Tournament

Hosted by HealthPoint

▮ 3pt Shootout and Free Throw Contest **▮**

■ March 29, 2014 at 1PM ■

\$7 per player to enter \$

Ages 10-12

Children under 10 must be approved by Tournament Director
David Nelson based on size or skill.

Registration forms will be available at HealthPoint's front desk or by email.

For questions or suggestions call David Nelson at 843-237-2205 or email at danelson@georgetownhospitalsystem.org

Counselor's Corner



Emerging Public Leaders

June 22-June 28, 2014

Center for Education Policy and Leadership (CEPL)
Richard W. Riley Institute at Furman University

What is the Emerging Public Leaders program? Leadership is a trait acquired over time through experiences, knowledge, mentoring and skill development. That's why we've created a week packed with experiences that enable students to gain the confidence, motivation, information, and skills necessary to become leaders in both domestic and international policy arenas.

What are some of the highlights of program? This exciting and innovative program, which received a "South Carolina on the Move" award from U.S. Senator Jim DeMint (R-SC) in 2005, features sessions with local, state and national governmental leaders as well as members of the faculty of Furman's Department of Political Science. Students attend lectures, participate in off-campus trips, and interact with speakers and faculty individually and in small-group sessions.

Who is eligible to participate? This program is offered to a select group of rising high school seniors who want to get involved and make a difference in the world.

How is the Emerging Public Leaders program structured? The summer program features on- and off-campus lectures and special sessions addressing topics such as community activism, working with the media, international politics, and issues surrounding poverty. Previous speakers include former U.S. Secretary of Education Richard W. Riley, State Representative Gilda Cobb-Hunter, State Senator Joel Lourie, and former Congressman Bob Inglis. Students have visited places such as the Greenville City Council Chambers, the South Carolina State House, and CNN Headquarters in Atlanta. Throughout the week, each student also participates in activities and workshops designed to help them identify a problem or need in their own community and to develop a student-led project addressing this problem or need. Participants return to campus the following spring to present the results of their projects to their peers and a panel of judges. Additional project funds are awarded to the winner.

What is the cost? The program is free of charge to participants; expenses including tuition, supervised oncampus housing and food will be paid for by the Riley Institute. Program participants will have access to campus amenities such as the James B. Duke Library, tennis courts, jogging and fitness trails. In addition, each student's high school will receive a grant to fund the community project selected by the student.

How can I apply? Complete an application on-line at riley.furman.edu. Applications are due April 11, 2014.

What if I have questions? If you have questions or need additional information, please contact Program Logistics Coordinator, Alexis Sprogis (alexis.sprogis@furman.edu; 864-294-3696).

The Center for Education Policy and Leadership (CEPL) is part of the Richard W. Riley Institute at Furman (riley,furman.edu) a nonpartisan institute for politics, public policy and public leadership affiliated with the department of political science at Furman University.

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Student Advanced Testing

Telephone: 843.446.8629 • Email: Info@SATcarolinas.com • Website: www.SATcarolinas.com

Summer Camp Opportunities

Business at Moore Summer Program

June 21-27th at USC

We Do Math! Summer Camp June 15-20th at Clemson University Rising 9th and 10th grade females only

Camp at Stanford University
Ages 14-19

*See Guidance for more information

All Seniors:

- Don't forget to bring in your acceptance letters and scholarship offers to Guidance.
- If you scored 1400 or higher on the SAT or 31 or higher composite on the ACT please contact Guidance.

Attention 9th & 10th grade students:

Please return your signed registration forms to Guidance as soon as possible.

Attention Seniors

Balfour will be in the atrium on April 10th from 11:30am until 2pm to order and deliver all senior supplies. Class rings and letter jackets can also be ordered.

SAT TEST DATES Test Date Registration Deadline Late Registration May 3, 2014 April 4, 2014 April 18, 2014 June 7, 2014 May 9, 2014 May 23, 2014

| ACT TEST DATES | | | | | |
|----------------|--------------------------|----------------------|--|--|--|
| Test Date | Registration Deadline | Late Registration | | | |
| April 12, 2014 | expired | March 8-21, 2014 | | | |
| June 14, 2014 | May 9, 2014 | May 10-23, 2014 | | | |

Counselor's Corner

TAKE ADVANTAGE OF THE SCHOLARSHIP OPPORTUNITIES BELOW

| Scholarship Name | Application Due Date | Qualifications | Award Amount | Special Notes |
|---|---|---|--|--|
| SunTrust Scholarship Sweepstakes | 10/25/13— 5/9/2014 | Free to enter, 15 chances to win—one winner will be chosen every 2 weeks. | \$1000, renewable | Enter online at offtocollege.info beginning September 16 th , 2013 |
| J.P. Coates/The SCEAR Schol- arship (SC Education Assoc Retired) | 3/15/14 | Senior planning to attend 4 year college who plans to pursue career in education, strong leadership, and financial need. | \$1000, renewable | Application in Guidance |
| Michael Yasick ADHD Scholarship by Shire | 3/19/14 | Applicant must be diagnosed with ADHD | \$2000 and one year of ADHD Coaching | http://www.shireadhdscholarship.com/ US/ default.aspx |
| SC Association for Women's Sports & Trophies by "M" Scholarship for Female Athletes Majoring in the Medical Field | Submit to Guidance before 3/20/14 | Female Athletes with Financial Need Planning to Major in Medical Field, Must score 1000 on SAT or 22 on ACT | \$1000 | Application in Guidance |
| SC Association for Women's Scholarship for Female Ath- letes Majoring in Education | Submit to Guidance before 3/20/14 | Female Athletes Planning to Major in Education, Must score 1000 on SAT or 22 on ACT. | \$1000 | Application in Guidance |
| Bobby Chapman Junior Golf Foundation Scholarship | Submit to Guid- ance before 3/21/14 | Must have at least a 3.0 on a 4.0 scale. May or may not be a golfer. Two student applications per school. | \$1500 | Application in Guidance |
| The Randolph Elliott Scholarship-GKCU | 3/21/14 | Active GKCU (Georgetown Kraft Credit Union) Member or child/relative of member, exempla- ry character, work ethic, & strong educational goals. | \$1000 | Application in Guidance |
| Ron Ward Scholarship PI Lions Club | 3/27/14 to Guidance | Senior with strong leadership and community service. | \$1500 | Application in Guidance |
| Guy Daniels Memorial Scholar- ship | 3/28/14 | Senior in Georgetown County. | _ | Application in Guidance |
| Alpha Delta Kappa Scholarship | 3/31/14 | Must major in education. | \$500 - \$1,000 | Application in Guidance |
| Peter Pasula Study Habits Scholarship | 4/1/14 | Be attending an accredited post-secondary institution by fall of 2014. Student can be enrolled at any level in any program that is two years or more in length. | \$500 | Applications can be found at www.mortgagebrokerscoquitlam.com |
| The Rhue Family Foundation Scholarship | 4/2/14 | African-American residents of Georgetown County | _ | Application in Guidance |
| 2014 Vida Miller Scholarship | 4/19/14 | Essay, Seniors from Georgetown County who have been accepted to college. | \$1000 | Application in Guidance |
| PI Rotary Scholarship | 5/1/14 to Guidance | Seniors planning to attend technical, 2 year, or 4 year college. | Min: \$500 - \$750 | Application in Guidance |
| Scholarship Search | Varies per scholarship | Must set up profile. | _ | www.fastweb.com |
| Scholarship Search | Varies per scholarship | Must set up profile. | _ | www.collegeexpress.com |



http://sccis.introcareers.org

Username: waccamawhs Password: warriors



March Birthdays

March 14

Chris Bayer Evan Parrotta Stephanie Cook Glenna Lacy Emma Lacy

March 16

Madeline King Justin Holmes Bryson Grove

March 17

Michaela Harleston

March 18

Leah Boghosian

March 19

De'johanna Manick Andi Stevenson Logan Mincey Tucker Perry

March 20

Chase Taylor Parker Williams

March 21

Mackenzie Arnold Lauren Martin

March 22

Jamie Cooper Seth Rowell Michael Gregory Zaria Washington

March 23

Madelyn Nelson Matt Simon Sage Malone

March 24

Ashley Gaddy

March 26

Clifford Boynes Alicia Paitsel

March 27

Richard Rasheed Samirah Murray Lorenzo Sanders

March 29

Savannah Miles

March 30

Justin Colegrove Kendrick Livingston Michael O'Tuel Jacob O'Tuel Vitor Silva Van Deas

March 31

Shavashia Grant Justin Busby

Staff

March 16

Ms. Jacobs



All proceeds benefit your local YMCA and animal shelter,
Saint Frances Animal Center. The run will begin at East Bay Park,
Georgetown, SC. Details with be announced closer to event date.



Mar. 27[™]

APR. 10TH

May 1st

May 15TH

May 29TH

*Subject to change

WAVE STORE HOURS



FOR THE REMAINDER
OF THE YEAR

OPEN THURSDAYS 11:30-1:30

Monday, March 17

Lunch

Teriyaki Chicken
w/ Brown Rice
Chicken Fillet on WW Bun+
Tuna Pasta Salad +
w/ Crackers
Steamed Broccoli
Mixed Vegetables
Creamy Mashed Potatoes
Seasonal Fresh Fruit
Chilled Pears
Choice of I % Plain
or Flavored Skim Milk

Tuesday, March 18

Lunch

Spaghetti w/ Garlic Toast Mozzarella Cheese Pizza BBQ on WW Bun Tossed Salad Green Beans Orange-Glazed Sweet Potato Patties Applesauce Seasonal Fresh Fruit

Choice of I % Plain or Flavored Skim Milk

Wednesday, March 19

Lunch

Fajita Chicken Nachos +
Popcorn Chicken w/WW
Biscuit
Turkey & Cheese WW
Sandwich +
Green Beans
Sweet Yellow Corn
Baby Carrots w/ FF Dressing
Pineapple Chunks
Seasonal Fresh Fruit
Choice of I % Plain
or Flavored Skim Milk

Thursday, March 20

Lunch

Vegetable Beef Soup Chicken Noodle Soup Cornbread & Crackers w/ String Cheese or Toasted Cheese Sandwich WW Corndog Tossed Salad Corn on the Cob Garden Peas Mandarin Oranges Seasonal Fresh Fruit Choice of Milk

Friday, March 21

Lunch

Turkey Sausage
Fish Sticks
either w/ Red Rice and
Cornbread
Chicken Fillet Sandwich
Steamed Cabbage
Field Peas
French Fries
Frosty Peach Cups
Seasonal Fresh Fruit
Choice of I % Plain
or Flavored Skim Milk